

# Diabetes and Endocrine Associates

DIPLOMATES INTERNAL MEDICINE AND ENDOCRINOLOGY

DANIEL EINHORN, M.D.  
(858) 622-7200  
FAX: (858) 622-7211

RAYMOND I. FINK, M.D.  
(619) 463-1293  
(858) 622-7204  
FAX: (619) 463-8230

CHRIS SADLER, PA-C  
(619) 463-1293  
FAX: (619) 463-8230

ANDREA GASPER, PA-C  
(619) 463-1293  
FAX: (619) 463-8230

KARLA D. CABRERA, PA-C  
(760) 337-8803  
FAX (760) 337-5970

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ SEX :M \_\_\_\_\_ F \_\_\_\_\_ SSN: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_ MARITAL STATUS: S \_\_\_\_\_ M \_\_\_\_\_ D \_\_\_\_\_ W \_\_\_\_\_

HOME #( ) \_\_\_\_\_ CELL #( ) \_\_\_\_\_ WORK#( ) \_\_\_\_\_

WHO REFERRED YOU: \_\_\_\_\_

PRIMARY CARE PHYSICIAN: \_\_\_\_\_

NAME/PHONE NUM OF NEAREST RELATIVE: \_\_\_\_\_

DO WE HAVE PERMISSION TO LEAVE ANY RESULTS ON ANSWERING MACHINE? \_\_\_\_\_

ANY RESTRICTIONS? \_\_\_\_\_

IT IS OPTIONAL TO GET RESULTS BY E-MAIL, IF THAT IS YOUR PREFERENCE PLEASE DISCLOSE

E-MAIL ADDRESS: \_\_\_\_\_

## INSURANCE INFORMATION

NAME OF INSURANCE: \_\_\_\_\_

SECONDARY, IF ANY? \_\_\_\_\_

NAME AND SOCIAL OF PRIMARY SUBSCRIBER OF INSURANCE, IF NOT YOURSELF:

I HEARBY AUTHORIZE MY INSURANCE TO PAY DIRECTLY TO DIABETES AND ENDOCRINE ASSOCIATES, BENEFITS DUE ME OUT OF INDEMNITY UNDER THE TERMS OF MY POLICY ISSUED BY THE INSURANCE COMPANY. PAYMENT IS DUE UPON RECEIPT OF AN ITEMIZED STATEMENT FOR SERVICES RENDERED. PAYMENT OF THIS AMOUNT HEREIN DIRECTED, IN WHOLE, IN PART, SHALL BE CONSIDERED THE SAME AS IF PAID TO ME DIRECTLY BY YOUR COMPANY.

LEGAL SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

LIST ANY ALLERGIES & SENSITIVITIES/TYPES OF REACTION TO MEDICATIONS:

**DIABETES & ENDOCRINE ASSOCIATES MEDICAL GROUP, INC.**

**CONSENT OF DISCLOSURE**

**PATIENT** \_\_\_\_\_

**PHYSICIAN** RAYMOND I. FINK, M.D.

In connection with the medical services that I am receiving from the above named physician or physician, I hereby authorize the above named physician and/or group to disclose any and all information concerning my medical condition and treatment, including copies of applicable hospital and medical records to:

- A. Any third party payer covering the medical services of the patient;
- B. Other health care professionals and institutions involved in the delivery of health care to the patient;
- C. The proponent of any legally sufficient subpoena, or in response to a court order;
- D. Employees and agents of the practice, to the degree necessary to facilitate the provision of health care services and payment for such services;
- E. Pharmacies;
- F. Employees and agents of the research division, to the degree necessary to identify and determine eligibility for clinical research trials; and
- G. Other parties as otherwise required by law.

In each case the practice shall take reasonable steps to ensure that only the minimum necessary information is disclosed in accordance with the above. I further understand that I have been given access to the physician's privacy notice and that I have had the opportunity to place special restrictions upon the consent hereby given.

Special Restrictions: \_\_\_\_\_  
\_\_\_\_\_

This consent is valid from the date executed until revoked in writing by the patient.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Witness: \_\_\_\_\_

# Diabetes and Endocrine Associates

DIPLOMATES INTERNAL MEDICINE AND ENDOCRINOLOGY

DANIEL EINHORN, M.D.  
(858) 622-7200

RAYMOND I. FINK, M.D.  
(619) 463-1293  
(858) 622-7204  
FAX: (619) 463-8230

CHRIS SADLER, PA-C  
(619) 463-1293

ANDREA GASPER, PA-C  
(619) 463-1293  
FAX: (619) 463-8230

KARLA D. CABRERA, PA-C  
(760) 337-8803  
FAX (760) 337-5970

DIABETES & ENDOCRINE ASSOCIATES MEDICAL GROUP, INC.

## CONSET OF DISCLOSURE

PATIENT \_\_\_\_\_

PHYSICIAN RAYMOND I. FINK, M.D.

In connection with the medical services that I am receiving from the above named physician or physicians, I hereby authorize the above named physician and/or group to disclose any and all information concerning my medical condition and treatment, including copies of applicable hospital and medical records to:

- A. Any third party payer covering the medical services of the patient;
- B. Other health care professionals and institutions involved in the delivery of health care to the patient;
- C. The proponent of any legally sufficient subpoena, or in response to a court order;
- D. Employees and agents of the practice, to the degree necessary to facilitate the Provision of health care services and payment for such services;
- E. Pharmacies;
- F. Employees and agents of the research division, to the degree necessary to identify And determine eligibility for clinical research trials, and;
- G. Other parties as otherwise required by law.

In each case the practice shall take reasonable steps to ensure that only the minimum necessary information is disclosed in accordance with the above. I further understand that I have been given access to the physician's privacy notice and that I have had the opportunity to place special restrictions upon the consent hereby given.

Special Restrictions: \_\_\_\_\_  
\_\_\_\_\_

This consent is valid from the date executed until revoked in writing by the patient.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Witness: \_\_\_\_\_

## AUTHORIZATION FOR RECORDS RELEASE

TO \_\_\_\_\_

ADDRESS \_\_\_\_\_

I hereby authorize and direct you to release to:

### **DIABETES & ENDOCRINE ASSOCIATES**

#### **RAYMOND I. FINK, M.D.**

8851 Center Drive, Suite 404

La Mesa, California 91942

Telephone: (619) 463-1293 FAX: (619) 463-8230

The complete medical records in your possession relative to my illness and/or  
treatment during the period from \_\_\_\_\_ to \_\_\_\_\_

NAME \_\_\_\_\_ DATE \_\_\_\_\_

ADDRESS \_\_\_\_\_

SIGNATURE \_\_\_\_\_ WITNESS \_\_\_\_\_

(IF RELATIVE, STATE RELATIONSHIP)

## Diabetes and Endocrine Associates Financial Policy

Thank you for your attention to this. Please let us know if you have any questions.

**1. Co-Payments:** Co-payments are due at the time of check-in for your appointment. Our office accepts cash, personal checks, and credit cards.

**2. Missed Appointments:** If you have to reschedule your appointment, we need you to call us at least 24 hours before your appointment time so that we can schedule another patient from the waiting list. When you reschedule, please be sure to note the new time and date.

**3. Insurance Cards:** Your insurance card and complete insurance information is required at the time of each and every visit because these things change so often. If that is not possible, to avoid problems in billing, please provide us this information within 24 hours of your appointment. This information needs constant updating, and failure to do so is responsible for many misunderstandings.

#### **4. Insurance Policies:**

**Contracted and in-network:** As a courtesy, we will bill your primary and secondary insurance policies. However, you are ultimately responsible for payment of services not covered by your insurance plan. It is your responsibility to call and check with your insurance as to which services are covered.

**Non-contracted insurance companies and out-of-network:** If we are not contracted with your insurance company or have out-of-network benefits, payment is still due in full at the time of service. We will provide you with a copy of your completed charge ticket so that you may file with your own insurance company directly. This change in policy is due to the confusion that has occasionally occurred when CHMB has filed claims for individuals.

By signing below, you agree that you understand and will abide by the above described financial policy. Thank you again.

---

Print Name

Date

---

Signature

**Raymond Fink MD- Diabetes and Endocrine Associates**  
**DIABETES HEALTH**  
**QUESTIONNAIRE**

Date: \_\_\_\_\_ Referring Physician: \_\_\_\_\_

Patient: \_\_\_\_\_

(Last Name) (First Name) (Middle Initial)

Date of Birth: \_\_\_\_\_ Sex:  M  F

What is the reason for your visit today?

Date of diabetes diagnosis: \_\_\_\_\_

Type of Diabetes:  Type 1  Type 2  Gestational  Pre-diabetes  Do not know

Check the symptoms you had at the time of diagnosis:

Excessive thirst  Excessive urination  Weight loss  Diabetic ketoacidosis  
 Severe illness/hospitalization  Other

How your diabetes was treated initially?  Insulin  Pills

Do you currently take insulin or any other injectable diabetes medications?  Yes  
 No

If yes, what kind, how much, and how often? \_\_\_\_\_

Do you take pills for diabetes?  Yes  No

If yes, what kind, how much, and how often? \_\_\_\_\_

Do you test your blood sugar at home?  Yes  No

If yes, how often? \_\_\_\_\_

Do you keep a diary of your blood sugar?  Yes  No

If yes, what is your meter? \_\_\_\_\_

What is your blood sugar range? \_\_\_\_\_

Do you experience low blood sugar reactions?  Yes  No

If yes, how many times per week? \_\_\_\_\_

Have you ever had a severe low blood sugar reaction that had to be treated by someone else or

that resulted in the paramedics being called?  Yes  No

If yes, when? \_\_\_\_\_

Do you have warning symptoms of low blood sugar?  Yes  No

Do you have low blood sugar reaction at night?  Yes  No

Do you have a glucagon kit at home?  Yes  No

Do you test your blood sugar before you drive?  Yes  No

Do you test your blood sugar before you exercise?  Yes  No

How do you treat your low blood sugars?

Do you follow a meal plan?  Yes  No

If yes, what kind? \_\_\_\_\_

Do you skip meals?  Yes  No

If yes, how often? \_\_\_\_\_

Do you snack between meals?  Yes  No

How often do you eat away from home? \_\_\_\_\_

Have you ever seen a nutritionist?  Yes  No

If yes, when and where? \_\_\_\_\_

Have you lost or gained weight recently?  Yes  No

If yes, how much? \_\_\_\_\_

Have you ever seen a diabetes educator?  Yes  No

If yes, when and where? \_\_\_\_\_

Do you exercise?  Yes  No

If yes, what kind of activity and how often? \_\_\_\_\_

Do you know what your A1C is?  Yes  No

If yes, when was it done? \_\_\_\_\_

Do you smoke tobacco?  Yes  No

If yes, how much? \_\_\_\_\_

Do you take aspirin?  Yes  No

If yes, how much and how often? \_\_\_\_\_

Do you drink alcohol?  Yes  No

If yes, how much and how often? \_\_\_\_\_

Do you suffer from any complications of diabetes?  Yes  No

If yes, what kind? \_\_\_\_\_

Do you see your eye doctor regularly?  Yes  No

Who is your eye doctor and when was your last eye exam?

\_\_\_\_\_

Do you see a foot doctor?  Yes  No

If yes, when was your last foot exam? \_\_\_\_\_

Do you have a heart doctor?  Yes  No

If yes, when was your last visit? \_\_\_\_\_

Do you have any of the following conditions?

Heart disease  History of heart attack, stent or pacemaker placement?

Congestive heart failure?  High blood pressure  High cholesterol  Thyroid condition

Gastrointestinal problem  Kidney disease  Nerve damage  Sexual dysfunction

Pain or numbness in your feet?  Depression?  Cancer  Other

Please provide more information if you checked any of the conditions above: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What other medical conditions are you currently being treated for? \_\_\_\_\_

\_\_\_\_\_

Please list any hospitalizations or surgeries you may have had in the past: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

---

Please list all of your medications, including the amount and how often you are taking it: \_\_\_\_\_

---

Please list all of your food and drug allergies: \_\_\_\_\_

---

Is there anyone in your family with diabetes?  Yes  No

If yes, who? \_\_\_\_\_

Are there any other medical condition in your family?  Yes  No

If yes, describe them: \_\_\_\_\_

*Please use the back of this form to discuss any other issues or problems you would like to share*

**THANK YOU!**

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_